Physical Education

2026/27 Year A 2027/28 Year B 2027/28 (Trevaunance Only) Year C 2028/29

			STAR Reception and Yr 1		CHAPEL PORTH Year 2 and Year 3		TREVAUNANCE Year 4, 5 and 6	
		Real P.E x 1 hr PoP x 1 hr *per week*	Year A (EYFS Real P.E)	Year B (Y1 Real P.E)	Year A (Y2 Real P.E)	Year B (Y3 Real P.E)	Year A (Y4 Real P.E)	Year B (Y5 Real) Year C (Y6 Real)
AUTUMN	1		Unit 1 – Personal Y1 Gymnastics Y1	Unit 1 – Personal Y2 Gymnastics Y1	Unit 1 – Personal Y2 Football	Unit 1 – Personal Y3 Rugby	Unit 1 – Personal Y4 Football	Unit 1 – Personal Y5 Rugby
	2		Unit 2 – Social Dance	Unit 2 – Social Dance	Unit 2 – Social Hockey	Unit 2 – Social Dance	Unit 2 – Social or football Hockey	Unit 2 – Social Dance
SPRING	1		Unit 3 – Cognitive Swimming	Unit 3 Cognitive Throwing and Catching	Unit 3 – Cognitive Netball/ Basketball/Handball	Unit 3 – Cognitive Gymnastics	Unit 3 – Cognitive Netball/ Basketball/Handball	Unit 3 – Cognitive .Gymnastics
	2		Unit 4 - Creative Swimming	Unit 4 - Creative Team games	Unit 4 - Creative Athletics- Track	Unit 4 - Creative Athletics- Field	Unit 4 - Creative Athletics- Track	Unit 4 - Creative Athletics- Field
SUMMER	1		Unit 5 – Applying Physical Orienteering	Unit 5 – Applying Physical Hand-eye/striking	Unit 5 – Applying Physical Cricket	Unit 5 – Applying Physical Rounders	Unit 5 – Applying Physical Cricket	Unit 5 – Applying Physical or repeat any area needing improvement for the class Tennis
	2		Unit 6 – Health & Fitness Rackets	Unit 6 – Health & Fitness Athletics	Unit 6 – Health & Fitness Tennis	Unit 6 – Health & Fitness Orienteering	Unit 6 – Health & Fitness Swimming Orienteering	Unit 6 – Health & Fitness Swimming Orienteering

NB: This timetable is subject to variation depending upon Government sports priorities, School Games activities and coaching opportunities.

	Play Leaders	Equipment is available to all in the playground with Y5/6 on a rota to lead/assist the younger children.
	After School Clubs	Sports and activity clubs offered daily after school. Activities change each term.

Skills Map Key:

M = Fundamental Movement Skills

US&T = Using a range of skills and techniques

RA = Range of application

D = Dance

SC = Social Co-operation

A&E = Analyse and Evaluate

C = Challenge

H&F = Health and Fitness

PL = Preparation for Life Long participation

G = Games Activity

Number of ½ Term blocks of each activity per year

	EYFS (per year)	KSI (over 2 yrs)	KS2 (over 4 yrs)
M	6	12	24
US&T	6	12	24
RA	6	12	24
D	1	2	3
SC	6	12	12
A&E	4	2	16
C	2	12	20
H&F	4	2	8
PL	4	2	10
G	2	2	10

	Games	Athletics	Swimming	Gym	Dance	Orien	Real (FMS)
KSI	2	1	2	1	1	1	6
KS2 Y3/4	2	1	2	1	1	1	6
KS2 Y5/6	4	1	2	1	1	1	3